

## For Conscience Sake.

We propose to state a few plain facts familiar to every skillful breeder of live stock. Facts, however, woefully neglected in their application to the highest type of animal development—men and women.

It has become custom to allude to boys and girls as the best crop of our country. Yet we have been shamefully slow in giving them the practical advantage of the principles we insist on using for the improvement and perpetuation of the farm crops and animals we produce.

For generations we have had breeders' associations organized and at work solely for the improvement of breeds of cattle and hogs. For years hundreds of men have been systematically working for the improvement of strains of corn, cotton, grass and potatoes. Yet the few men devoting themselves to the development of a better race of human beings are little understood and are commonly classed as fanatics. We recognize the theory of heredity. We confidently assert that "blood will tell." Then in practice we apply the principle to chickens and hogs and indifferently let chance control its application to men and women.

We systematically and scientifically exclude hereditary disease from our breeding pens. We rigorously exclude infected cotton, corn, oat and potato seed from our plantings. Then we neglect the simplest fundamental precautions against contaminated blood from which is to spring the next generation of human beings.

We once knew of the marriage of a young man to a young woman whom he first met as an inmate of an insane asylum while he was visiting his own sister, who was also an inmate. The only justification urged was that these two people loved each other. There could be but one normal result—the development of a family of insane persons. Disease and crime are daily being perpetuated by similar wanton violation of the first principles of heredity—the simplest elementary precaution against racial degeneration is persistently neglected.

What are we going to do about it? The remedy for these undisputed evils lies in simply exercising the same precautions used in controlling the parentage of live stock in relation to the percentage of human beings. We do not go so far as to urge control of selection of parents for the scientific improvement of the race. We mean merely the prevention of parentage which must inevitably result in disease or mental and moral deterioration of future generations. We mean that mere accident shall not longer be permitted to determine the parentage—and consequently the inherited characteristics—of the human race. We protest against longer subjecting humanity to methods which have determined the nature of scrub cattle and razorback hogs running wild on open ranges.

We mean that the welfare of future generations of men and women—and the world they are to control—demand that mere falling in love is not sufficient justification for the responsibilities of parentage. We mean that the time has come when marriage should not be allowed between persons physically, mentally and morally unfit to become fathers and mothers of normal children. We mean that marriage certificates should be issued only after these proper safeguards have been legally provided.

Crowded prisons, insane asylums, institutions for the blind and feeble-minded, hospitals for incurable and loathsome diseases, cemeteries filled because of premature deaths, divorce mills grinding of innocent victims attest the crime of continued neglect.

For conscience sake let us prepare the way for pleading: Not Guilty.—Southern Ruralist.

Something doing every minute at the W. N. C. Fair, Asheville, Oct. 7-10. Wholesome fun, entertainment and instruction for everybody.—Adv.

## IF YOU OWN YOUR FARM

## USE PRINTED STATIONERY.

Every farmer who owns a hundred acres or more ought to have printed stationery with his name and the name of his farm and his postoffice address properly given. The printed heading should also give the names of whatever crops he specializes on, and of whatever varieties of seed or whatever breed of hogs, cattle or poultry he keeps. Printed stationery gives you standing with whatever person or firm you are writing to and gives you a new dignity besides insuring that your name and address will always be given properly and in full.

Moreover, such printed stationery increases your credit. A prominent advertiser wrote one of our readers saying: "We usually require cash with order for all our goods but we have found that it pays to trust a man who uses printed stationery so are shipping your order at once."

If you want to write to your Congressman or member of the legislature, or if you have a request to make of your county superintendent of schools, or if you wish to get information from any business house, in any case your letter will have increased weight and get prompter attention if you use printed stationery.

Even if you use postal cards, buy 200 to 300 at the time and have your name and address printed in the corner.

Get the habit of using printed stationery. The next time you go to town, why not drop into the job printing office and give an order for 1,000 sheets of printed note paper and 1,000 envelopes to match. It will be one of the best investments you have ever made in your life.—Progressive Farmer.

When Lot had spat with his second wife he referred to his first as the salt of the earth.

Anyway, the man who wants the earth gets a lot of mud thrown at him.

## HEALTH &amp; HYGIENE.

Fresh Air, Sunshine and Cleanliness. "Windows were made to be opened, doors to be shut," said Florence Nightingale, pioneer of modern war hospital work and famous forerunner of the Red Cross Society in its worldwide labors, that have been crowned with a success to be measured only by the limitations of the globe and of civilization.

Fresh air and cleanliness were the slogans of the great nurse of the Crimean war, who went through crowded hospitals all over the world during war and peace, and carried literally fresh air and sunshine to the ill and wasted. And then, when the ill and the wasted ones grew strong they arose and called her blessed.

The gospel of fresh air and sunshine and cleanliness then received an impetus that has never since been seriously checked, but has gone on gathering its believers, until now the faithful and healthy, in a great army with sanity and sanitation writ large on its banners, are mobilizing all over the civilized world in numbers that would alone make their progress irresistible. Add to that numerical strength all the physical and mental energy that comes to the individual components of that army of the partakers of the sources of health, and you have a force which, by personal efficiency as well as by teaming multitude, must in time overwhelm all remaining resistance.

**Night Air.** But some old fogies still say that right air is dangerous. In the first place, there is, of course, nothing in this old superstition; and in the second place, if there was anything in it, pray what kind of air would you breathe at night? True, night air is a little cooler, but it has not a bit more moisture than day air, in fact not quite so much. The only difference is that after the sun goes down and the air gets cooler the moisture in it becomes more apparent. We see the mist or fog and we shrug our shoulders and shudder, "Ugh! damp night air!" It is the same principle illustrated on a frosty morning, when you see the mist or fog from your breath. This occurs not because there is more moisture in your breath, in winter than in summer, but because, when any air is cooled, the moisture in it becomes more apparent.

So don't be afraid of night air, because, after all, that is the only kind we have at night. Remember, too, that too much fresh air is just enough.

## Woman's Opportunity.

An incident was cited a day or two ago where two sisters, born in this State, were confronted with the proposition of furnishing legal proof of their ages in order to obtain an inheritance. Unfortunately, when these girls were born in North Carolina there was no law requiring the registration of their births, although, of course, if they had been fine blooded cattle, hogs or horses, instead of just girls, they would have been properly registered and recorded.

Now, the new state law for registration of births and deaths in the entire state will go into effect October first next. It is needless to say that the success of this new system will depend upon whether or not the arm of the law is upheld, for it is almost axiomatic that a law that has no public sentiment back of it, or at least the support of the majority of the citizens, is difficult of enforcement.

The other day, speaking to the delegates to the American Public Health Association in session at Colorado Springs, Dr. Cressy L. Wilber, Chief Statistician of the Division of Vital Statistics of the Bureau of the Census at Washington, D. C., said that some people thought that all that was needed was to pass laws requiring the reporting of deaths, births or marriages, and that the matter was then settled. "If I should be asked," said he, "what is the greatest, the underlying, the everywhere present, and, so far as our present experience extends, the insuperable difficulty or hindrance to the effective registration of vital statistics in the United States, I might reply: 'Contempt of law.' We may pass the best possible 'model laws,' but if the state registrar or the local registrar fails to enforce them, or if the social workers, the physicians, and the members of the American Public Health Association fail to respect them, our work is almost in vain."

And Dr. Wilber might have included the citizens at large in his category. Let this not be the case in North Carolina. The fate of the law is in the hands of her citizens.

Dr. Wilber went on to say this contempt of law could be overcome only by a thorough process of education. For instance, in the registration of births there was needed most of all a better understanding and a greater co-operation on the part of the women. Once the women realize that the new bureau, established for their benefit, is seriously handicapped because of inadequate registration of births and infant deaths, there would be an irresistible demand that every birth and death be properly recorded. Women of North Carolina, your opportunity is at hand. You have failed before. It is not feared that will do so now.

**The Ninety and Nine.** Every county in North Carolina is now in line for the eradication of hookworm disease except Ashe, whose county board of health recently failed to take favorable action on the proposition to make an appropriation for the establishment of hookworm dispensaries and a hookworm campaign in that county. When Orange county's Board of Commissioners at its last session voted an appropriation of \$250.00 for the purpose of co-operating with the State Board of Health, the ninety-ninth county was in line. For recently Randolph and Davidson have made similar appropriations. It is earnestly hoped that Ashe will finally come into her own.

## GOING TO QUIT BUSINESS

My Entire Stock to be Sacrificed--Everything Going at Half Price Doors open Oct., 3.

FOR CASH ONLY Everything must be sold by Nov. 1--Doors open Friday 12 m.

My entire stock of shoes will be placed in my open front and each pair marked in plain figures.

\$4.00 shoes for .....\$2.75  
\$1.50 and \$2.00 shoes .....98c

They must all be sold by November 1st.

## NOTICE

To those who owe me on Nov. 1st, all accounts, notes and mortgages will be placed out for collection. So if you do not want the sheriff knocking at your door, now is the time to settle up. This means YOU, if you owe me.

## FOR RENT—MY STORE

Building, on Main Street, with repairs, and put same in shape to suit the party desiring to rent or lease same at a reasonable figure.

## FIRST COME—FIRST SERVED.

Come early and take your pick while the picking is good.

Remember Everything must be sold regardless of cost.

J. and P. Coats Spool Cotton ..... 4c

One fine lot of Ladies Hat pins worth 25c going at .... 9c

## CLOTHING

\$5.00 Pants at ..... \$1.50  
Odd Coats, all wool and worth \$6.00 to \$8.00 price.. \$1.50  
\$1.50 Hats ..... 75c  
\$1.00 Shirts ..... 50c  
Gloves per pair, 18 cents up to ..... 75c

TO MERCHANTS—My Fixtures, 5 show cases, 3 pair counter scales, 3 big clothing tables, 2 oil tanks, 2 peanut roaster, 2 pair platform scales, one paper cutter

## EXTRA BARGAINS

Best Flour per 98 lbs Bag ..... \$2.25  
Slightly Damaged.  
Coffee 25c grade per lb. .... 15c  
Sugar, 17 lbs for ..... \$1.00  
Canned Peaches per Dozen ..... \$1.00  
15c Bacon per pound ..... 12 1-2c  
18 cent Bacon per pound ..... 15c  
\$1.35 Bran, slightly wet ..... \$1.00

75 ct Enameled, White Lined, China and Crockery ware going at ..... 35c  
25c Dishes and Bowls ..... 15c  
75c plates only ..... 45c  
75c Lamps only ..... 45c  
50c Lamps only ..... 30c  
5c Lamp Chimneys only ..... 3c  
75c Coffee Mills ..... 29c  
10c Ax Handles only ..... 6c  
15c Axe Handles only ..... 11c

This is not hot air, we mean every word we say. Save yourself money by buying now

## GOVAN HYDER

MAIN STREET

FIRST DOOR ABOVE TOWN HALL

## Property Versus Life.

To the legal mind, apparently, the rights of property have always seemed of more importance than human life. For hundreds of years it was possible for a man brutally to maltreat his child with less legal risk than if he had poached a hare. Gradually human life became more valuable; but even today it fails to receive the protection that is accorded to property. It is no uncommon thing to find reported in British newspapers cases in which a drunken navy man kicked and otherwise abused his wife, to receive no greater punishment at the hands of the law than a paltry fine, while the unhappy wight, driven by hunger, steals a loaf, is sent to prison. Nor do we need to go overseas to find such instances of the worship of property. An excellent illustration of the workings of the legal mind in problems of this kind is to be found in a study of ten Notices of Judgment issued by the United States Department of Agriculture and giving in detail the account of ten violations of the Food and Drugs Act. These ten cases deal

with charges brought against the firm of Hawley and Hoops, New York, who are in the candy business. Hawley and Hoops sell what is known as "penny goods"; that is the kind of candy purchased by the little tot who has been given a penny to spend. Ten different specimens of Hawley and Hoops' penny goods were seized by the officials of the Bureau of Chemistry and analyzed. All of them were found to be adulterated with arsenic and most of them contained shellac. All of them were being sold as chocolate candies, yet the officers reported that some did not even have the predominating flavor of chocolate. In every case the firm pleaded guilty. In nine out of the ten cases no penalty was imposed, the court suspending judgment. In the tenth case a fine of \$50 was imposed. The case in which a fine was imposed was the one, in which the company had not merely sold a poisonous product to little children, but has mislabeled the net weight of the package in which the arsenic-containing candies came! Selling to little children as chocolate candy a mixture containing arsenic

## Notes for the Sheep Raiser.

Keep the sire of the flock to himself 'till lambing time is past. What's the use of allowing him to bunt the whole herd around, perhaps crippling some of the lambs, or seriously injuring some of the pregnant ewes, causing abortion. Good, bright clover hay, with a little ensilage or corn fodder added, three times a week forms an ideal feed for sheep during the winter. Feed on the ground when it is frozen, otherwise feed in the racks in the sheep barn. Scatter feed well, or much will be trampled, cut up and wasted. If you ever expect any material improvement in your breed sheep, invest a few extra dollars in a high-grade sire and place him at the head of your flock. and shellac is, apparently, in the eyes of the law, a trivial offense. But selling to a dealer a package marked five pounds that really contained only four pounds fourteen and five-eighths ounces, that is a crime!

## Prince Albert Again on Visit to America.

New York, Sept. 29.—Prince Albert of Monaco, the tiny principality surrounding and including the famous gambling resort of Monte Carlo, arrived in New York bay today on his yacht the Hironde, for a visit to the United States. It has been reported that he will go to Wyoming for a bear hunt, and inspect western oil fields, in which he is said to have invested more than \$1,000,000. The prince is traveling incognito, as was the case of his last trip here in April, 1912. Prince Albert, who is an intimate friend of Emperor William of Germany, is sixty-five years old. In 1884 his father's yacht was wrecked off the coast of Sweden, all the crew perished except Hereditary Prince Albert. He has been twice divorced, his wife having been Lady Mary Douglas Hamilton, and his second the daughter of Michael Heine, a St. Louis Banker. On his way over Prince Albert has been pursuing his hobby of making oceanographic investigations in the north Atlantic. His yacht is equipped with one of the finest sets of apparatus that money can buy for such work.